



Republic of the Philippines
Department of Education

REGION I

SCHOOLS DIVISION OFFICE OF PANGASINAN II
Canarvacanan, Binalonan, Pangasinan



Office of the Schools Division Superintendent

January 5, 2026

DIVISION MEMORANDUM

No. 007, s. 2026

**CAPACITY BUILDING FOR TEACHERS ON GUIDANCE SERVICES AND
LEARNERS' WELL-BEING**

TO: Public Schools District Supervisors (PSDS)
All School Heads (Elem. & Sec.)
GMRC and Guidance District Coordinators
Values Education Department Heads and Focal Persons
EsP Core Group
Division Guidance Personnel Association (DGPA) Officers
Guidance Designates (Elem. & Sec.)

1. The **Schools Division Office of Pangasinan II** will conduct a three-day training for selected Guidance Designates on **January 14–16, 2026**, at the 4th floor, GR8 Corporate Centre, Bypass Road, Anonas, Urdaneta City. The list of official participants is attached to this memorandum for reference.
2. This activity aims to equip designated teachers with the necessary skills to effectively manage guidance services and support students' mental health.
3. To ensure that classes are not disrupted during the conduct of this training, **all participants are required to submit a Contingency Plan approved by their respective School Heads** before attending the activity.
4. In the event that the identified participant in the attached list is no longer the school's Guidance Designate, the newly appointed or current Guidance Designate shall attend. If both are unavailable, the Curriculum Adviser of any grade level is directed to attend the training as a replacement to ensure school representation.
5. Participants are expected to join interactive discussions and simulations. The final outputs will include a **Guidance Action Plan** and a **Work Application Plan (WAP)** for their respective schools.
6. Meals and materials will be covered by Division Training Funds. Travel and other incidental expenses of the participants shall be charged against local funds or School MOOE, subject to standard accounting and auditing rules.
7. For immediate dissemination and compliance.

VIVIAN LUZ S. PAGATPATAN, CESO VI
Schools Division Superintendent

LIST OF PARTICIPANTS

Name	School
Bequio, Milagros Jose	Pemienta Elementary School
Somera, Dominga Abenoja	Barangobong Elementary School
Carvajal, Farida Jane Monje	Prado Elementary School
CASTRO, Caren Calosa	SAN RAMON-MERMER ELEMENTARY SCHOOL
PANUM, Christine Joy Arquines	Digap-Fulgosino Community School
Baturi, Nelia Bisnar	Pilawan Elementary School
COLLADO, Juvy Lyn Ventura	Ricos Elementary School
BORCELIZ, MARICEL, DOMINGO	Diket Elementary School
LEGASPI, Ginalyn Antonio	LABUAN ELEMENTARY SCHOOL
CONTAOI, Estrella Bumactao	Concepcion Elementary School
EWAD, KIMBERLY BUADILLA	Dungon Integrated School
PASCION ROWENA VIERNES	San Pedro Elementary School
LACANLALE, CALIXTA JAVIER	Carosalesan Elementary School
ABANDO, Winnie Samilin	San Vicente East Elementary School
BENIGNO, BREEZEL NALOS	BOLINTAGUEN ELEMENTARY SCHOOL
SAC, Florence Pugal	San Miguel Elementary School
FERNANDEZ, Rowena Rosina	La Paz Elementary School
ADVINCULA, NARIDA LOMBOY	FLORES ELEMENTARY SCHOOL
MAYO, Ma. Charessa Mendalla	Baracbac Elementary School
ALLAS, Rhoan, Grospe	Lumayao Integrated School
LAGASCA, MELODY ITLIONG	San Maximo Elementary School
PASCUA, Jisamin Joyce Tobias	Bomboaya Elementary School
OSQUIZA, Ellen Tomas	Cabalitian Elementary School
CERVANTES, ELMER FELIPE	Lagasit Elementary School
GULLA, Dina Baniqued	Sisenando V. Tecson Elementary School
Trinidad, Jennylyn Antolin	San Pablo ES
LASTIMA, Edelma Osio	Evangelista ES
Medrano, Mary Ann Cariño	Luna Weste Elementary School
COSTALES, JENIEVEVE ANCHETA	Cabangaran Elementary School
DELA CRUZ, HANELIE ISIT	Sta. Maria Elementary School
BANIQUED, Loraine Angela Dangcalan	Teofilo C. Quintin Elementary School
Rivera, Shirley Cabanilla	Carosucan Sur Elementary School
MINA, Glenda Merrera	Severo L. Castulo Elementary School
ALCAUSE, Mary Jean Agustin	Decreto Community School
Alcause, Ely Ann Espero	San Leon Elementary School
ALCANTARA, Gracemay Castel	DIAZ ELEMENTARY SCHOOL
CARIG, ELIZABETH VASQUEZ	Don Valentin Torres Integrated School
YAMAT, MERELYN LAPENA	SINABAAN ELEMENTARY SCHOOL
MANUBAY, Lennie Petras	Bila Elementary School
Cayabyab Fe Delos Santos	Resurreccion Elementary School
BUCSIT, Cristine Austria	Esperanza ES
CASABAR, Lani Olivar	Gonzales Elementary School
VIRTUDAZO, Rosemarie Bautista	San Fabian Integrated School Sped Center
FABRO, Janine Viniegas	Don Justo Abalos Community School
COMPAL, Josephine Guilon	Labayug Elementary School
LIBANTINO, Deodina Duzon	San Aurelio Elementary School
CORPUZ, Ruby Ann Tamboa	Luna Elementary School
PRADO, DENIA RAMOS	Cabaritan Elementary School
VISICO, WILMA ALVARADO	Maseil-seil Alo-o Elementary School
Sotto, Gerardo Jr. Soquila	Rabago Integrated School
CAYABAN, Mariela Sotto	San Isidro Elementary school
MAGPALI, Metos Moreno	Camangaan Elementary School
FONACIER, Jenelyn Gausin	Baligayan Elementary School
CONCEPCION, FELISA ALPANTE	Maambal Elementary School
TABAYOYONG, EDILBERTA, TADENA	Cabilaoan Elementary School
FLORES, Stephanie Convocar	San Leon Elementary School

MAMARIL, Mary Ann Caguin	Baguinay Elementary School
SELGA, Shephelagh Navarro	AMAGBAGAN INTEGRATED SCHOOL
BAYBAYAN, WILMA LEAÑO	LINMANSANGAN INTEGRATED SCHOOL
Esperanza, Erlinda Castillo	Umingan Central Elementary School
AGSAOAY, Ma. Theresa Mediodia	San Jacinto National High School
PASCUA, JYRRA FLORENCIO	Calepaan Integrated School
MAPALO, LESLIE GUILLERMO	CASTUSU INTEGRATED SCHOOL
MELANIS, RUTH, BOTUYAN	Carosucan Sur National High School
RACUYA REYMART GARIBAY	Bugayong Integrated School
SANGUESA, Marie Luz Cabiles	Carosucan Norte National High School
BACALZO, CHRISTINE LOMANOG	Binday National High School
ABALOS, ROWENA SAN DIEGO	Esperanza Integrated School
GUIMBAL, Glenon Legarte	SAN ROQUE INTEGRATED SCHOOL
DELA PEÑA, Divencia Noto	La Paz National High School
DRIG, Marites Salvador	BATASAN NATIONAL HIGH SCHOOL
Tercenio	San Fabian National High School
LAGMAY, BONNALYN TULAWAN	Don Amadeo Perez Sr. NHS
Cabada, Lara Marie Guerrero	Natividad National High School
Guillermo Dihna Rebamontan	Flores Integrated School
BUQUING, ROGELYN, TEJANO	Sta. Catalina Integrated School
MANA-AY, Moriel Kim Barlaan	Lipit National High School
Oli, Shiela May Claro	Amamperez Agro-Industrial HS
BRIONES, Alili Suyat	Salud-San Eugenio NHS
AQUINO, Bernadette Mercado	PRADO NATIONAL HIGH SCHOOL
LABERGUE, Anna Lynn Tan	San Aurelio National High School
ALVAREZ, Arlene Lalangan	Cabalitian National High School
Emocling, Cresilda Balanag	Alibeng National High School
Paa, Annie Mejia	Pindangan National High School
HERMANO, Grace Mendoza	San Rafael National High School
PASCUA, Rodel Andrei Florague	SUMABNIT NATIONAL HIGH SCHOOL
NOCASA, Angel Mae, Francisco	Don Montano Central Integrated School
CABILDO, Carolyn Mapalo	Don Maximo G. Gombio Panaga- Tabao IS
Quisora, Charmaine Pintes	San Fabian Integrated School SPED Center
Abaya, Rona Selga	San Vicente West IS
BRUAN, Terryflor Valencia	STA. MARIA EAST INTEGRATED SCHOOL
FERRER, Vanessa Rebotoc	Bautista National High School
MENESES, Jomarie Estibal	Cabilaoan Agro-Industrial HS
JOVES, Ana Liza Alejaga	LINMANSANGAN INTEGRATED SCHOOL
VELORIA, Loraine Ventura	Alejandro F. Oligan National High School
FORTALEZA, Sonia Mondero	Bobonan National High School
SALES, Angie Lee Lou Carbonnel	Juan G. Macaraeg NHS
Candoy, Mary Jane M.	Bantay-Insik
CABRIADAS, Ermyla Villaflor	San Pedro Apartado National High School
QUINES, Fhebielyn Orpilla	LUCIANO MILLAN NATIONAL HIGH SCHOOL
SORIANO, Ana Giselle Imbat	San Fabian National High School
Tadeo, Mary Grace Beltran	Baluyot National High School
SIROT, Nestor Echavaria	Calepaan Integrated School
GALAPATE, Jomar Pareja	CANARVACANAN NATIONAL HIGH SCHOOL
JACABAN, Angelica Subido	Pinmilapil National High School
Amansec, Rogelio Jr., Bagcal	Amagbagan Integrated School
CHARES BLES D. SARMIENTO	ALIBENG NATIONAL HIGH SCHOOL
Hiyasmine G. Lomibao	San Juan National High School
CANCEJO, Yovie Cornelio	Sa Felipe Integrated School
Gonzales, Meralyn Ibañez	Umingan National High School
CUDAL, Gertrudes Fonacier	Baracbac National High School
LAVARIAS, Aurea Soriano	Manaoag National High School
AQUINO, Clarissa Palaming	Bautista National High School
Tamayo, Marilyn Nelmidia	San Pedro Apartado NHS
BADUA, JEMALYN PUNLA	CAROSUCAN SUR NHS
SOLLEZA, Aurora Ting	Artacho National High school

BIAGTAN, Rosielyn Paragas	San Fabian Integrated School SPED Center
TORRES, Cindy Rose Sison	Coloscaoayan national high school
MOLINA, Giselle Ramos	Cabilaoan Agro-Industrial High School
COLUMBRES, Jenica Rodelas	Mangaldan Integrated School Sped Center
SEVILLEJA, Christine Siador	Rosario National High School
DELA CRUZ, MYRNA CAOILE	SAN QUINTIN NATIONAL HIGH SCHOOL
Soniega Jr., Emeterio F.	CID, SDO Pangasinan II
Dingwasen, Annabella	Benigno V. Aldana NHS
Casaciang, Fay Mia C.	Manaoag NHS
Esteron, Ma. Elena J.	Manaoag NHS
Cervantes, Mel Jobelle	Mangaldan National High School
Esquejo, Jocelyn	Juan G. Macaraeg NHS
Tacdol, Nika Paula P.	Angela Valdez Ramos NHS
Gamboa, Jennifer P.	Eastern Pangasinan Agricultural College
Gamazon, Lelanie G.	Luciano Mollan NHS
Volante, Donna A.	Tayug NHS
Bautista, Arturo III P.	Tayug NHS
Fagel, Rubylyn S.	Tayug NHS
Armando Gonzaga, Jr.	Panganiban NHS
Nurse assigned	Health Unit SDO Pangasinan II